

Dr. Maria de Lourdes Garcia
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Personal Data:

Name Maria de Lourdes Garcia
Date of Birth October 5, 1990
Birthplace Santiago de Cuba, Cuba
Citizenship USA

Work Experience/Hospital Appointments

11/2025 – Present	Vision Care & Surgery Associates Oculofacial Reconstructive, Cosmetic, Tear Duct & Orbital Surgery – <i>Independent Contractor</i>	Weston & Hialeah, FL
09/2025 – Present	Delray Eye Associates Florida Vision Institute Oculofacial Reconstructive, Cosmetic, Tear Duct & Orbital Surgery – <i>Independent Contractor</i>	Palm Beach, FL
02/2024 – Present	Baptist Health Surgery Center at Bethesda West Medical Staff	Boynton Beach, FL
09/2023 – 05/2025	Delray Eye Associates Florida Vision Institute Oculofacial Reconstructive, Cosmetic, Tear Duct & Orbital Surgery – <i>Full Time</i>	Palm Beach, FL
07/2021 – 06/2023	Northwell Health <i>Oculoplastic and Orbital Surgery – Clinical Instructor</i>	New York, NY
07/2021 – 06/2023	Columbia & Cornell University Medical Centers <i>Oculoplastic and Orbital Surgery – Clinical Instructor</i>	New York, NY
07/2021 – 06/2023	NYU Langone Health & Bellevue Hospital <i>Oculoplastic and Orbital Surgery – Clinical Instructor</i>	New York, NY
07/2018 – 06/2021	Mayo Clinic Department of Ophthalmology <i>Resident Physician/Chief Resident</i>	Rochester, MN
07/2017 – 06/2018	Aventura Hospital and Medical Center <i>Transitional Year Internship</i>	Aventura, FL

Training

07/2021 – 06/2023	Northwell Health <i>Oculoplastic and Orbital Surgery Fellow</i>	New York, NY
07/2021 – 06/2023	Columbia & Cornell University Medical Centers <i>Oculoplastic and Orbital Surgery Fellow</i>	New York, NY
07/2021 – 06/2023	NYU Langone Health & Bellevue Hospital <i>Oculoplastic and Orbital Surgery Fellow</i>	New York, NY
07/2018 – 06/2021	Mayo Clinic Department of Ophthalmology <i>Resident Physician/Chief Resident</i>	Rochester, MN
07/2017 – 06/2018	Aventura Hospital and Medical Center <i>Transitional Year Internship</i>	Aventura, FL

Education

07/2013 – 05/2017	Mayo Clinic Alix School of Medicine MD, May 2017	Rochester, MN
09/2009 – 06/2013	Carleton College BA, June 2013	Northfield, MN

Board Certifications

01/2024 – Present	American Society of Ophthalmic Plastic & Reconstructive Surgery
06/2022 – Present	American Board of Ophthalmology

Licensure

01/2023 – Present	Florida State Physician License (Active)
01/2021 – 12/2024	New York State Physician License (Inactive)
06/2018 – 10/2021	Minnesota State Medical License (Inactive)

Honors

2023	Weill Cornell Medical College Fellow Teaching Award
2021 – 2023	NY Combined ASOPRS Fellowship
2020	Douglas H. Johnson Research Award for Distinction in Residency Senior Thesis
2015 – 2016	Honors in Internal Medicine, Surgery, Obstetrics & Gynecology, Pediatrics, Family Medicine & Psychiatry Core Clerkships
2013 – 2017	William Randolph Hearst Scholarship
2013	Distinction in Senior Thesis – Carleton College

2013	Distinction in Biology Major – Carleton College
2012 – 2013	Dean’s List – Carleton College
2012	The Dimsdale Prize for Undergraduate Medical Research
2009 – 2013	National Science Foundation’s Scholarship in Science, Technology, Engineering and Mathematics
2009 – 2010	CRC Press Freshman Chemistry Achievement Award

Professional Organizations, Societies and Service

Professional Organization

2021 – Present	ASOPRS Member
2019 – Present	Women in Ophthalmology
2018 – 2021	Minnesota Academy of Ophthalmology
2018 – Present	American Academy of Ophthalmology
2015 – Present	The Association for Research in Vision and Ophthalmology
2013 – Present	American Medical Association

Societies

2015 – Present	Sigma Xi: The Scientific Research Honor Society
2013 – Present	The Phi Beta Kappa Honor Society

Service

Present	Mayo Clinic Alix School of Medicine Admission Committee <i>Alumni Interviewer</i>
2024 – Present	American Academy of Ophthalmology – Minority Ophthalmology Mentorship Program <i>Ophthalmology Mentor</i>
2019 – 2021	Mayo Clinic Alix School of Medicine Mentorship Families Program <i>Mentor</i>
2013 – 2021	Salvation Army Ophthalmology Clinic <i>Volunteer Physician, Spanish Interpreter</i>
2013 – 2021	Student Sight Savers Program <i>Instructor, Volunteer Physician, Spanish Interpreter</i>

Teaching Experience and Responsibilities

2020 – 2021	Mayo Clinic <i>Chief Resident Physician</i>
2012 – 2013	Carleton College <i>Chemistry Teaching Assistant</i>
2010 – 2012	Carleton College <i>Biology Teaching Assistant</i>

Publications

Original, Peer Reviewed Articles

1. *Garcia MD, Salomao DR, Marmorstein AD, Pulido JS. Histopathological Findings in the Areas of Orange Pigment Overlying Choroidal Melanomas. *Transl Vis Sci Technol.* May 2016;5 (3):4.
2. Dalvin LA, Garcia MD, Salomao DR, Iezzi R, Barkmeier AJ. Necrotizing Subconjunctival Granulomata and Intraoperative use of Topical GenTeal Gel. *Ophthalmology.* Oct 2016;123 (10):2262-3.
3. *Garcia MD, Pulido JS, Coon EA, Chen JJ. Ocular Features of Multiple System Atrophy. *J Clin Neurosci.* Jan 2018;47:234-239.
4. Dalvin LA, Starr MR, AbouChehade JE, Damento GM, Garcia MD, Shah SM, Hodge DO, Meissner I, Bakri SJ, Iezzi R. Association of Intravitreal Anti-Vascular Endothelial Growth Factor Therapy With Risk of Stroke, Myocardial Infarction, and Death in Patients With Exudative Age-Related Macular Degeneration. *JAMA Ophthalmol.* May 2019;137(5):483-490.
5. Starr MR, Dalvin LA, AbouChehade JE, Damento GM, Garcia MD, Shah SM, Hodge DO, Meissner I, Iezzi R, Bakri SJ. Classification of Strokes in Patients Receiving Intravitreal Anti-Vascular Endothelial Growth Factor. *Ophthalmic Surg Lasers Imaging Retina.* May 2019;50(5):e140-e157.
6. *Garcia MD, Eckel L, Hodge D, Bradley EA. Orbital Fat and Body Mass Index [Forthcoming - currently under review].
7. Kassotis A, North VS, Garcia MD, Dagi Glass LR. Cadaveric Wet Lab Training for Nasolacrimal Procedures in Ophthalmology Residency. *Letter to the Editor: Ophthalmic Plast Reconstr Surg.*

Case Reports

1. *Garcia MD, Ventura CV, Berrocal AM. FEVR-like Presentation in an 11q Deletion Syndrome and 16p13.11 Microdeletion. *J Pediatr Ophthalmol Strabismus.* Nov 2017;54:e71-e74.
2. *Garcia MD, Ventura CV, Ryder SJ, Rivas-Chacon RF, Berrocal AM. Use of En Face Optical Coherence Tomography in a Case of Hydroxychloroquine Retinal Toxicity. *J Vitreoretin Dis.* Jan 2018;2 (1): 51-57.
3. *Garcia MD, Ventura CV, Dias JR, Chang TCP, Berrocal AM. Retinal pigment epithelium changes in Kartagener syndrome. *Am J Ophthalmol Case Rep.* Feb 2018;10:119-121.

4. *Garcia MD, Salomao DR, Wagner LH. Orbital Cyst With Ependymal Differentiation Associated With Microphthalmia. *Fetal & Pediatric Pathology*. May 2020;1-3.
5. *Garcia MD, Starr MR, Smith WM. Middle aged female with optic neuritis and a rapidly progressing retinal vaso-occlusive disease. *JAMA Ophthalmol*. 2020 Jul 1;138(7):797-798.
6. *Garcia MD, Mansukhani SA, Chen JJ, Bhatti MT. Idiopathic Intracranial Hypertension Triggering Hemifacial Spasm. *J Neuroophthalmol*. 2020 Aug 19. Online ahead of print.

Reviews

1. *Garcia MD, Hur M, Chen JJ, Bhatti MT. Cobalt Toxic Optic Neuropathy and Retinopathy: Case Report and Review of the Literature. *Am J Ophthalmol Case Rep*. Jan 2020;17:100606.

Abstracts

Patient's Beliefs and Attitudes about Participating in Cancer Clinical Trials October 2012

Puyana C, Tannenbaum S, Garcia MD, Byrne M

Poster Session at: American Public Health Association Annual Meeting and Expo
San Francisco, California

Outcomes of Perioperative Vision Loss February 2015

Bajric J, Hassan M, Garcia MD, Warner MA, Bradley EA

Poster Session at: North American Neuro-Ophthalmology Society
San Diego, California

The Use of Fine-Needle Aspiration Biopsy in the Diagnosis and Management May 2016
of Patients with Uveal Melanoma

Salomao DR, Garcia MD, Pulido JS

Poster Session at: 19th International Congress of Cytology
Yokohama, Japan

Ophthalmic Features of Multiple System Atrophy May 2016

*Garcia MD, Chen JJ, Pulido JS

Poster Presentation at: ARVO Annual Meeting, Research - A Vision of Hope
Seattle, Washington

Necrotizing Subconjunctival Granulomata Associated with use of Topical August 2016

GenTeal Gel during Vitreoretinal Surgery

Dalvin LA, Garcia MD, Salomao DR, Iezzi R, Barkmeier AJ

Poster Session at: American Society of Retina Specialists Annual Meeting
San Francisco, California

Cobalt Induced Toxic Optic Neuropathy and Retinopathy August 2019

*Garcia MD, Hur M, Chen JJ, Bhatti MT

Poster Presentation at: Women in Ophthalmology Summer Symposium

Coeur D'Alene, Idaho

Late Onset Post-Operative Lower Eyelid Retraction Syndrome December 2019

*Garcia MD, Hwang CJ, Wagner LH

Poster Presentation at: Cosmetic Surgery Forum

Nashville, Tennessee

ZMC Fracture with Lateral Rectus Muscle Transection August 2020

*Garcia MD, Wagner LH

Poster Presentation at: Women in Ophthalmology Summer Symposium

Virtual

Orbital Volumes and BMI November 2020

*Garcia MD, Eckel L, Hodge D, Bradley EA

Poster Presentation at: AAO Annual Meeting

Virtual

Orbital Volumes and BMI November 2020

*Garcia MD, Eckel L, Hodge D, Bradley EA

Oral Presentation at: ASOPRS Fall Meeting

Virtual

An Analysis of Patient-Directed Topics in Oculoplastic Surgery on Social Media Forums December 2021

North VS, Schmuter G, Garcia MD, Tran AQ

Poster Presentation at Cosmetic Surgery Forum

Nashville, Tennessee

Resident Cadaveric Wet Lab Training for Nasolacrimal Procedures May 2022

North VS, Kassotis A, Garcia MD, Glass LRD

Poster Presentation at the Spring ASOPRS Meeting

White Sulphur Springs, West Virginia

The Rise of the Modern-Day Oculoplastic Surgeon October 2022

Schmuter G, Garcia MD, North VS, Tran AQ, Lisman RD

Poster Presentation at the American College of Surgeons Clinical Congress

San Diego, California

Book Chapter

Garcia MD, Giles A, Lelli G. Prosthetic Replacement of the Ocular Surface Ecosystem (PROSE). In: Gassner H, Harrison A., and Boahene, D. (Eds), The Paralytic Eyelid: A Practical Approach.